



## Frequently Asked Questions About Perpetual Eucharistic Adoration

***Do I have to sign up every week?*** No, the We Adore Him software makes signing up very easy and automatically signs you up for a weekly commitment.

***Can I sign up for more than one hour?*** Definitely!

***Can I sign up for this week even though we are not starting Adoration until January 2<sup>nd</sup>?*** Yes. Your commitment won't begin until the week of January 2<sup>nd</sup> when we go live. Feel free to sign up anytime that works in your schedule. You will not receive any notifications until we go live on January 2<sup>nd</sup>.

***Can I sign up for an hour that someone else has already signed up for?*** Definitely! The chapel needs at least two adorers praying at all times. If there are hours that have no adorers, please prayerfully consider signing up for one of those hours. But if the hour that works best for you already has two adorers, feel free to sign up for that hour! More than two people can sign up for a particular hour. Simply click on the time slot you desire to commit to, whether the color is blue or yellow, and sign up.

***Can I change my commitment to another time?*** Yes, changing your commitment to another time and/or day is very easy on We Adore Him.

***I'm a "snowbird". What should my commitment be?*** Sign up for an hour! Sign up on We Adore Him and indicate your end date in the summary section. The default is perpetual; simply change it to the date you desire (i.e., when you would be gone). You can easily resume your commitment once you return to Minnesota.

***What happens if I get sick or can't make it for some reason?*** Requesting a sub is very easy! Simply request a sub using We Adore Him. Go to your dashboard and scroll to your commitments. There you can request a sub. You can also request a sub well in advance if you know you will be gone because of travel or for another reason.

***How can I sub for others?*** Being a sub is very easy! On your dashboard, select the time periods when you are generally available to substitute for another adorer. Check each time period that you are available and are open to subbing. When a sub request comes your way and you are able and willing to sub, accept this request and come to pray!

***What if there is inclement weather before my hour?*** In the case of inclement weather (i.e., snowstorm, dangerous winds, hail, flooding, etc.), we will close the chapel. All adorers will be notified through email or text message and the We Adore Him site will be updated to indicate the chapel's closure. The chapel will re-open the following day at 8:30 am (after the daily Mass). Check the We Adore Him schedule for the week for more information.

***What if there is inclement weather during my hour?*** In the case of inclement weather (i.e., snowstorm, dangerous winds, hail, flooding, etc.), please stay safe. The Chapel Administrator will determine the appropriate next steps. In the event that the chapel will be closed, all adorers will be notified through email or text message and the We Adore Him site will be updated to indicate the chapel's closure. The chapel will re-open the following day at 8:30 am (after the daily Mass). Check the We Adore Him schedule for the week for more information.

***What am I to do if the person following me hasn't arrived yet?*** The chapel needs at least two adorers praying at all times. If there are at least two people there who are committed to staying, feel free to leave. If there are not, feel free after ten minutes to reach out to the adorer scheduled to come. Simply go to the kiosk, find their name and contact information, and give them a call to ensure everything is okay.

***What do I do during my hour?*** This hour that Jesus has invited you to spend with Him is spent any way you want to: A favorite prayer book, reading the Bible, praying the Rosary, Chaplet of Divine Mercy, or another devotion, reading a good spiritual book, praying for others, speaking to Jesus heart to heart as you would with your best friend. You may want to journal or write or pray with the Bible by placing yourself in a scene of Scripture.

You may also be so tired, troubled, or worn out that you may just want to sit and relax and enjoy the sweet peace that comes from being in Jesus' presence, simply being with Someone who loves you so much. There are many different ways to pray. We will be offering periodic mornings of recollection to encourage and strengthen your prayer life. Above all, Jesus will teach you as you come into His presence.

***What postures and gestures can I do during my hour?*** Feel free to sit, kneel, bow, genuflect, and any other gesture that you are moved to do that is respectful to those praying in the chapel with you.

***Can my spouse and I go together to the same hour?*** Absolutely! What a great way to invest in your relationship - to grow closer to God together. Or switch off - one spouse comes one week and the other spouse the next - if that works better for your family.

***Can I bring my kids?*** Absolutely! Jesus loves children and wants them to come into His presence to bless them and fill them with His love. We will have resources for kids of all ages that will help them grow in their relationship with God while they are in the chapel. We also will be encouraging our school teachers to bring their classes on a regular basis. It is our hope that children even from a young age would feel comfortable and welcome in the Lord's presence. What a great way to invest in your family - to grow closer to God together. Attend as a family, or each take turns, if that works better for your family. The family that prays together, stays together.

***Can a friend or family member come with me to my hour if they haven't signed up?*** Absolutely! Have them sign in as a guest to the chapel when they arrive. They can come as often as they want.

***Can I make a visit to the chapel outside of my normal hour?*** Absolutely! One of the great gifts of Perpetual Adoration is to be able to come the chapel to pray anytime, no matter the hour, even for a brief visit. We highly encourage you to visit the chapel outside of your regular hour.

***Can I stay longer than my hour?*** The chapel needs at least two adorers praying at all times. Don't feel guilty for not praying longer than an hour, but also have freedom to linger in Jesus' presence if you desire.

***Are there any days the chapel will be closed?*** Yes, there are eleven days a year that the chapel will be closed. These are typically "family" days and we want to honor that so people can be with their families and not have to worry about finding subs. The days the chapel will be closed are: New Year's Eve and New Year's Day, Holy Thursday, Good Friday, Holy Saturday, and Easter Sunday, July 4<sup>th</sup>, Thanksgiving and the day after Thanksgiving, Christmas Eve and Christmas Day.

***Are there any times of the week that the chapel is closed?*** The chapel is closed on Sunday mornings from 8:00 am – 12:30 pm for Sunday morning Mass and cleaning. It will reopen at 12:30 pm on Sundays. Those praying at 7:30 am will have a half-hour commitment.

***What time do I need to input the access code?*** The chapel will be locked at 6:00 pm. After 6:00 pm, those wishing to enter the chapel will need to input an access code.

***What if I forget the access code after hours?*** Simply sign in to your account in We Adore Him. In the middle-top, under your name, is the access code.

***I'd like to make a monetary donation to the chapel. How can I do that?*** Thank you so much for your generosity! Feel free to make any monetary donation to Saint Ambrose, indicating Eucharistic Adoration Chapel.

***Please note that the adoration committee is working on a comprehensive adoration handbook.***